

French toast

Ingredients:

1 Slice brown bread

1 Egg

Spray and cook

4 Tomato slices

¼ Cup grated cheese

Equipment:

Cutting board

Spatula

Fork

Bowl

Pan

Makes 1



Method:

1. Break the egg into the bowl and beat with the fork.
2. Soak the brown bread slice until the slice is covered with egg.
3. Spray the pan with spray and cook and heat up.
4. Place the bread slice into the pan and turn it after a while.
5. Place the cooked bread slice onto the cutting board.
6. Put the cheese on the bread slice and put the tomato slices on top of the cheese.

Other toppings:

- Peanut butter and syrup

